WE promote respect

Raise awareness about healthy relationships.

Theme

EQUITY AND HUMAN RIGHTS

SDG Connection



Skills





LEADERSHIP SKILLS

O SOCIAL AND EMOTIONAL LEARNING

AN INITIATIVE OF



MADE POSSIBLE BY



A special thank you to The Allstate Foundation for empowering youth to stand up for themselves and causes they believe in. The Allstate Foundation believes that when young people are empowered with the knowledge, skills and resources to step up as leaders, they can realize their full potential and change our world. That's why The Allstate Foundation teamed up with WE to bring you service-learning curriculum and WE Promote Respect.

Awareness + Action = Change

Whether with our parents and family members, friends and classmates or our significant others, relationships are a big part of our lives. The bonds we form with other people are what make us human and help us feel connected and happy.

However, when relationships are unhealthy and include things like frequent conflict, pressure, stress, a lack of trust or respect, or other bad feelings, it can make life difficult and frustrating. If emotional, physical or financial abuse is involved, it can also be dangerous. Young people, who may not have the role models, life experience or tools to deal with unhealthy relationships, are especially at risk of long-term effects from relationship violence. For example, teens who are victims of relationship violence report higher rates of truancy, more negative contact with their teachers and increased conflict with other students.

WE Promote Respect helps build understanding of the differences between healthy and unhealthy relationships, and provides tools to navigate and disengage from unhealthy relationships and instead form bonds with others that will enrich your life rather than endangering it.

FACT:

1 in 3 young people will experience dating abuse.





Campaign in Action

WE Promote Respect is a brand new campaign! If your school or group participates in this campaign, please share your story with us for a chance to be featured as our "Campaign in Action" here next year!

Ways to Take Action

Promote healthy, respectful relationships for young people.

Blended Education Idea: Come up with a list of rules or a "Community Code" for your class that makes people feel included from a digital and in-person learning experience. Create a list of your hopes for the year and some of your fears for this new learning experience.



GRADES 4-6

- Learn about the rules your school has in place to make sure students engage in safe, healthy relationships with one another.
- ► Share information and facts about healthy relationships with fellow classmates. You could make posters or make announcements over your school's PA system.
- ► Talk with your family about healthy and unhealthy relationships, and how family and friends can help you through difficult times.

GRADES 7-8

- Learn about the rules your school has in place to make sure students engage in safe, healthy relationships with one another. Find out if your school has policies related to relationships and dating.
- ► Host a "Lunch and Learn" event where students meet to discuss the policies your school has. If your school doesn't have a policy, have a discussion around what you can do to advocate for one to be created.
- If you notice a friend or someone you know in your community is in an unhealthy relationship, offer your support.

GRADES 9-12

- Learn more about your school's Title IX policy or policy around relationship violence and sexual violence.
- Write a blog post or create a positivity campaign on social media or in your community to spread uplifting messages of hope to anyone looking for support.
- Host a #ChalkAboutLove event, a dating abuse awareness event with a pop of color and art. Find out more: tinyurl.com/y83ot8l3.

CLASSROOM RESOURCE



Understanding Healthy Relationships

With our Classroom Resources, educators can integrate service-based learning into their curriculum to broaden students' understanding of issues they are passionate about. Download the pdf at **WE.org/wepromoterespect** for tools and information to explore the fundamentals of healthy relationships and the effects they have on our lives.

Grade Levels	Subject Connections	Learning Goals	Skills Developed
7 to 8	English Language ArtsHealth and Physical EducationSocial Studies	 Understand the importance of developing healthy rela- tionships while recognizing the negative consequences of unhealthy relationships. Demonstrate the ability to 	 Action planning Research and writing Argument formation Organization Reflection
9 to 12	 English Language Arts Health and Physical Education Social Studies 	 advocate for yourself within relationships. Evaluate your approach to interpersonal relationships by assessing the boundaries that you accept and promote. 	ReflectionInformation literacyCritical thinkingLeadership skillsEmpathy

Tech for Good Badge

Become future ready by learning and using digital skills.

Create an online blog to teach your classmates about how to develop and maintain healthy relationships and how to identify needs and wants in a relationship.

Go further: Don't forget to share online resources with everyone so they can look up information and read relevant articles. Use **#WEpromoteRespect**.

