

GLOBAL ISSUE

# EDUCATION

## Education is the first step to breaking the cycle of poverty.

Currently, there are approximately 263 million children and youth around the world who are out of school. These children and their families face many different obstacles that prevent access to education including conflict and a lack of access to clean water and opportunity. Instead of going to school, these children are forced into labour or stay home to help with household activities. But with education, children can empower themselves with the self-confidence and knowledge to lift themselves and their communities out of poverty.



### Sustainable Development Goal 4

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

For every 100 primary-aged boys out of school, there are 123 girls who are denied the right to education.

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In sub-Saharan Africa, one in three children are not in school.

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Of the 263 million children who are out of school, 61 million of those children are of primary school age.

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Almost 20 percent of all children in the world will not reach grade four.

## Discussion Questions

- 1** Why do you think girls do not have the same access to education as boys? What can be done to ensure every child receives an education?
- 2** What would you do if you weren't allowed to go to school? How would your life be different?
- 3** What are some obstacles that would keep a child from school? How can we overcome or eradicate those obstacles?

## Go Deeper

Check out more info and stats on the issue of access to education worldwide at [WE.org/exploreissues](https://www.weare.org/exploreissues).

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## Take Action

Your voice is a powerful tool for social change. Use it to speak up or go silent for all of those whose voices go unheard with WE Are Silent.



GLOBAL ISSUE

# WATER

## **Water is a basic human right, yet more than 840 million people do not have access to clean water.**

Girls and women around the world spend over 200 million hours every day collecting contaminated water from distant and unsafe sources—time that could be spent in school or earning a livelihood. Without access to clean water, children miss 443 million school days every year because of preventable water-related illnesses like cholera and typhoid. But with access to clean water, children are healthy and can spend their time at school, families can harvest nutritious food and earn an income, and communities can thrive.



### **Sustainable Development Goal 6**

Ensure availability and sustainable management of water and sanitation for all.

**Half of the world's population will live in water-stressed areas by 2025.**

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**One third of schools around the world do not have access to a source of clean water.**

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**Worldwide, 2.4 billion people do not have basic sanitation services like toilets or latrines.**

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**Women in sub-Saharan Africa spend approximately 40 billion hours a year collecting water.**

## *Discussion Questions*

- 1** What would you do if you had to live without access to clean water?
- 2** How would it impact your family if only the women had to walk six kilometres for water that you needed for cooking, bathing and drinking?
- 3** What do you think needs to be done to make clean water accessible to everyone?

## **Go Deeper**

Check out more info and stats on the issue of access to clean water at [WE.org/exploringissues](http://WE.org/exploringissues).

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## **Take Action**

Walk to raise awareness and provide people with access to clean water for life. Take action with WE Walk For Water.



## GLOBAL ISSUE

# FOOD

**Approximately 821 million people around the world—one in nine—are undernourished, and the number continues to increase.**

Global hunger is an increasingly challenging problem facing our world today. Not having enough food or proper nutrition results in poor health and affects other areas of development, such as education and employment. There are many different factors that can affect the availability of food sources, including climate-related events such as droughts and conflict in the area. Often, when families around the world suffer from food insecurity, they are forced to keep their children at home to help with farming. Because of this, children cannot access education to lift themselves and their families out of poverty, continuing a vicious cycle.



### **Sustainable Development Goal 2**

End hunger, achieve food security and improved nutrition, and promote sustainable agriculture.

**One in three people around the world are affected by some type of malnutrition.**

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**More than 75 percent of chronically malnourished children in the world (122 million of 155 million) live in areas affected by conflict.**

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**In developing countries, one in six children—around 100 million—is underweight.**

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**If women farmers had the same access to resources as men, people who experience hunger in the world could be reduced by up to 150 million.**

## *Discussion Questions*

- 1** Why do you think women do not have equal access to farming?  
How can farming equity be improved?
- 2** How is food insecurity related to education, health and poverty?
- 3** How do conflict and climate change affect global hunger? What can be done to reverse those effects?

## **Go Deeper**

Check out more info and stats on the issue of access to food worldwide at [WE.org/exploringissues](http://WE.org/exploringissues).

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## **Take Action**

Contact your WE Schools Program Manager to learn more about how you can take action.



## GLOBAL ISSUE

# HEALTH

## Health is a key factor in the livelihood of a population, but half of the world's population still lacks access to essential health services.

Poverty and health go hand in hand. For almost 100 million people around the world, health care expenses are so costly that they are pushed into extreme poverty, forcing them to survive on just \$1.90 a day. When people live in poverty, they are often trapped in the cycle of chronic illness, as their environments and situations make them sick with a lack of shelter, clean water or proper sanitation. But by improving access to health care, millions of lives can be saved each year. When a community is healthy, they can lead more productive lives and contribute to their society.



### Sustainable Development Goal 3

Ensure healthy lives and promote well-being for all at all ages.

Each year, 6.6 million children under the age of five die due to a lack of access to health care, clean water and sanitation.

Around the world, three in 10 deaths are caused by cardiovascular diseases such as heart attacks and stroke.

Improving access to clean water and sanitation could prevent almost 10 percent of illnesses.

Life expectancy at birth has increased by six years since 1990.

## *Discussion Questions*

- 1** How can we make health care accessible to everyone?
- 2** How would having poor health affect other parts of your life?
- 3** How would your life be affected if you did not have access to health care?

## **Go Deeper**

Check out more info and stats on the issue of access to health care worldwide at [WE.org/exploringissues](https://www.we.org/exploringissues).

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## **Take Action**

Contact your WE Schools Program Manager to learn more about how you can take action.



## GLOBAL ISSUE

# POVERTY

**Globally, approximately 736 million people live in extreme poverty, living on less than \$1.90 a day.**

From accessing healthy food to quality education, poverty affects all aspects of life. Health care, clean water and other critical services remain out of reach for many people around the world. Poverty is more than just not having enough money to live on—it's also about not having the opportunities to improve your livelihood. When families break the cycle of poverty, children can go to school, the family's health gets better and everyone can take control of their futures. To ensure families are protected and can prosper, institutions implement social safety nets, such as universal health care, school feeding programs and homeless shelters.



### **Sustainable Development Goal 1**

End poverty in all its forms everywhere.

**Gender inequality leads to a loss of \$160 trillion in wealth per year.**

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**Approximately 36 percent of people experiencing extreme poverty who received social safety net benefits were able to escape poverty.**

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**Since 1990, there are almost 1.1 billion fewer people living in extreme poverty.**

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**Women are more likely to be unemployed than men.**

## Discussion Questions

- 1** What do you think are the causes of poverty? What are the effects of poverty?
- 2** How can social safety nets help people escape poverty? Can you think of examples of social safety nets?
- 3** Why do you think there are more men than women in the workforce globally? How can you help ensure women have equal opportunities to men?

## Go Deeper

Check out more info and stats on the issue of access to opportunity worldwide at [WE.org/exploringissues](https://www.weforum.org/exploringissues).

## Take Action

Empower female artisans in developing communities. Sell handcrafted Rafiki Bracelets and give back to the woman who made them with WE Are Rafikis.



## LOCAL ISSUE

# DISCRIMINATION

**Canada's population is made up of many races, ethnicities, genders and backgrounds, who still face varying degrees of discrimination on a daily basis.**

Discrimination is the unjust treatment of others due to prejudice. From isolating people of a different gender to not giving equal opportunities based on someone's sexual orientation, discrimination comes in many different forms. In a recent survey in Canada, one in five people said they have had a racist remark directed at them. For many people, experiencing discrimination is a reality they face daily, but by promoting acceptance and kindness, you can help make the world a friendlier place for all. In 2000, a bill was passed in Canada that gives same-sex couples the same social and tax benefits of heterosexual couples.

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### **Sustainable Development Goal 16**

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.

**Racialized Canadians earn an average of 81 cents for every dollar earned by other Canadians.**

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**Police-reported hate crimes targeting sexual orientation accounted for 10 percent of the total reported hate crimes in 2017.**

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**In 2017, 41 percent of hate crimes were motivated by religion.**

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**In 2017, 43 percent of all police-reported hate crimes were motivated by race or ethnicity.**

## Discussion Questions

- 1 What types of discrimination exist in your community?
- 2 How can you, your school or community promote acceptance of people of all races, ethnicities, genders and religions?
- 3 What can you do when you witness discrimination?

## Go Deeper

Check out more info and stats on the issue of discrimination at [WE.org/exploringissues](https://www.weare.org/exploringissues).

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## Take Action

Your voice is a powerful tool for social change. Use it to speak up or go silent for all of those whose voices go unheard with WE Are Silent.



## LOCAL ISSUE

# WOMEN'S EMPOWERMENT

## One in five women report experiencing harassment in the workplace.

Since 1998, 17,700,000 women worldwide have reported a sexual assault. The #MeToo movement, founded by Tarana Burke in 2006, and which became viral in 2017, encouraged millions of women to speak out about sexual violence and harassment. It brought important conversations into the media, helping destigmatize survivors by highlighting the impact sexual violence has on women. The TIME'S UP movement is a unified call for change for women everywhere. It addresses systematic inequality and injustice in the workplace.



### Sustainable Development Goal 5

Achieve gender equality and empower all women and girls.

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Comparing the annual earnings of full-time workers, Canadian women are earning, on average, 74 cents for every dollar a man earns.

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In the House of Commons, 27 percent of members are women.

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Every year that a girl spends in school can boost her future income by 10–20 percent.

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Out of 43 countries, Canada is ranked eighth for highest gender pay gap.

## Discussion Questions

- 1 Name a woman in your life who inspires you.
- 2 Why do you think it is important for both men and women to be treated equally?
- 3 How can you help support women's empowerment in your everyday life?

## Go Deeper

Check out more info and stats on women's empowerment at [WE.org/exploringissues](http://WE.org/exploringissues).

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## Take Action

Empower female artisans in developing communities. Sell handcrafted Rafiki Bracelets and give back to the woman who made them with WE Are Rafikis.



## LOCAL ISSUE

# HUNGER

## One in five Canadians have used a food bank in their life.

Food insecurity (not having access to affordable, nutritious food) and hunger can impact anyone and makes a huge difference in our lives, affecting our productivity and health. In Canada, 35 percent of people who rely on food banks nationally are children, even though they represent only 20 percent of the population. One in six people who use food banks are employed. However, we can't always see hunger to help address this issue and support those around us who experience it.



### Sustainable Development Goal 2

End hunger, achieve food security and improved nutrition, and promote sustainable agriculture.

One in eight households in Canada is food insecure.

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Children who experience hunger have an increased risk of developing asthma and other conditions in adolescence.

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Low-wage jobs and unstable work means people in the workforce often don't have enough income to be food-secure.

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Food insecurity may affect an individual's health because of the quality and quantity of their food intake.

## *Discussion Questions*

- 1** What health issues can develop as a result of hunger?
- 2** What are some factors that would lead to being food insecure?
- 3** How would your life and future be affected if you were food insecure?

## **Go Deeper**

Check out more info and stats on the issue of hunger at [WE.org/exploringissues](https://www.we.org/exploringissues).

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## **Take Action**

Want to help your community fight hunger? Take action with WE Scare Hunger.



## LOCAL ISSUE

# CYBERBULLYING

**Cyberbullying includes sending, posting or sharing negative, harmful content about someone else.**

With the increased use of social media over the years, cyberbullying is also on the rise. In Canada, one in five young people are cyberbullied and 21 percent of Canadian teens have witnessed someone they know being bullied on a social media site. Often, victims may not know who is targeting them because bullies can hide behind the screen and bully from distant locations, making it difficult to stop the hurtful words and actions. It's easy to say something hurtful, press send and not think there are consequences but in reality, those actions have a lasting negative impact.

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### **Sustainable Development Goal 16**

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable and inclusive institutions at all levels.

**In Canada, 25 percent of kids admit to cyberbullying others.**

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**Schools with bullying prevention programs decrease bullying by up to 25 percent.**

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**Victims of bullying are at increased risk of experiencing anxiety and depression.**

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**Researchers say that bullying usually ends within 10 seconds of an intervention by peers.**

## Discussion Questions

- 1** How do you spot cyberbullying?  
What are some things you can do to prevent it from happening?
- 2** How would you respond to seeing someone being cyberbullied on social media?
- 3** What are some ways to encourage positivity online as an individual?  
As a group?

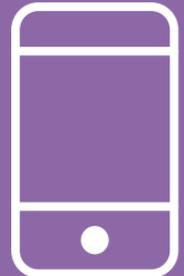
## Go Deeper

Check out more info and stats on the issue of cyberbullying at [WE.org/exploringissues](http://WE.org/exploringissues).

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## Take Action

Stand up to cyberbullying by taking action with WE Rise Above.



## LOCAL ISSUE

# ACCESSIBILITY

**There are approximately six million Canadians who identify as having a disability.**

An inclusive world where everyone can participate is possible when we use technology and design to create accessible tools, services and experiences. Disabilities aren't always visible and inaccessible barriers aren't always noticeable either. Situations like cluttered hallways, stairs-only access and uncaptioned videos make it difficult for people with disabilities to be included. That's why it's important that our environments are accessible so everyone can benefit. By taking part in the WE Are One campaign, you can use your skills and explore ways you can make your school and community more inclusive.

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### **Sustainable Development Goal 16**

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable and inclusive institutions at all levels.

**More than a 10th of Canadian youth have one or more disabilities.**

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**Among young people, mental health-related disabilities are the most common.**

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**The Convention on the Rights of Persons with Disabilities by the UN was adopted in 2006 to protect the human rights and freedoms of persons with disabilities.**

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**More than 170 countries and organizations have signed The Convention on the Rights of Persons with Disabilities.**

## Discussion Questions

- 1 How can you support and include people with disabilities?
- 2 Why is inclusive design important?
- 3 What are a few examples of inclusion in your school? How could you promote inclusion?

## Go Deeper

Check out more info and stats on the issue of accessibility at [WE.org/exploringissues](https://www.wei.org/exploringissues).

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## Take Action

Want to help your school and community become more inclusive? Take action with WE Are One.



## LOCAL ISSUE

# ENVIRONMENT

**Climate change is one of the most important issues of today and it's caused by the increasing amounts of greenhouse gases in the atmosphere.**

We may not realize it but we experience the related effects of climate change every day: heavier downpours, extreme temperatures, flooding and wildfires. In 2018, British Columbia had its worst fire season on record, and it was the third warmest summer on record in southern Canada. Now, Canada is working toward creating a healthier, greener future with a climate plan. It includes charging companies that produce carbon pollution, supporting clean Canadian innovations, working toward a zero plastic waste strategy and more.



### **Sustainable Development Goal 13**

Take urgent action to combat climate change and its impacts.

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**In 2015, Canadians produced over 720 megatons of greenhouse gases.**

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**Canada is one of the top-10 countries for most carbon dioxide emissions.**

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**In Canada, the leading greenhouse gas emitters are the oil and gas industry.**

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**By 2030, Canada hopes to have reduced its greenhouse gas emissions by 30 percent.**

## Discussion Questions

- 1 How has climate change affected life where you live?
- 2 What can we do every day as individuals and as a group to reduce the effects of climate change?
- 3 How can we encourage those around us and the government to take action against climate change?

## Go Deeper

Check out more info and stats on the issue of climate change at [WE.org/exploringissues](https://www.we.org/exploringissues).

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## Take Action

Reduce your negative impacts and boost your positive ones with WE Go Green.



## LOCAL ISSUE

# INDIGENOUS

## Indigenous peoples represent nearly 5 percent of Canada's population—1.7 million people.

To move toward reconciliation between Indigenous and non-Indigenous Canadians, it is critical to open a dialogue on the relationship, and support Indigenous education. By understanding the history of the relationship between Indigenous and non-Indigenous Canadians and Indigenous history, culture and experiences, we can build a stronger, more united country. While schools are working toward including more Indigenous educational initiatives, there is still a way to go. The national graduation rate for Canadian secondary school students is 88 percent, but for First Nations students living on a reserve the rate falls to only 44 percent.

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### Sustainable Development Goal 16

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable and inclusive institutions at all levels.

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In 2018, 74 percent of elementary schools offered Indigenous education.

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Professional development on Indigenous cultures for teachers is offered in 61 percent of Canadian secondary schools.

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Almost half of all secondary schools have a designated staff member who coordinates Indigenous education.

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The 2016 federal budget included investing \$2.6 billion over five years into primary and secondary education on reserves.

## Discussion Questions

- 1** How can the government work toward unifying Indigenous and non-Indigenous Canadians?
- 2** Whether you identify as Indigenous or not, what are some ways you can educate yourself and others about Indigenous histories and cultures?
- 3** How can we start the conversations to strengthen the relationship between Indigenous and non-Indigenous Canadians?

## Go Deeper

Check out more info and stats on the issues facing Indigenous peoples of Canada at [WE.org/exploringissues](https://www.we.org/exploringissues).

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## Take Action

Want to be part of the process of reconciliation between Canadians? Take action with WE Stand Together.



## LOCAL ISSUE

# LITERACY

**Literacy affects every aspect of our lives, which is why it's an important and necessary skill to have.**

Literacy is defined as having the ability to read, write and express critical thought through verbal, print, visual and digital formats.

However, not all Canadians have the literacy skills needed for today's working world, making things such as filling out job applications and reading medication labels difficult. This barrier prevents almost 50 percent of Canadian adults with low literacy skills from engaging with and contributing to society in a productive way. Inadequate literacy skills can lead to poor health and social isolation.



### **Sustainable Development Goal 4**

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

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**Twenty-five percent of Canadian households do not own a single book.**

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**Approximately 30 percent of Grade 3 students lack basic literacy skills.**

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**Many schools in disadvantaged communities can only afford one new library book per year for every three students.**

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**Poor educational outcomes are tied to poverty, unemployment, illness and crime.**

## *Discussion Questions*

- 1** How does reading affect your daily life? If you couldn't read, how would it affect you in the long-term?
- 2** What are the factors that could prevent a child or adult from learning to read?
- 3** What are some ways that an individual and society could benefit from having a higher level of overall literacy?

## **Go Deeper**

Check out more info and stats on the issue of literacy at [WE.org/exploringissues](https://www.wednet.edu/weorg/exploringissues).

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## **Take Action**

Contact your WE Schools Program Manager to learn more about how you can take action.



## LOCAL ISSUE

# HOMELESSNESS

**Homelessness is defined as the absence of a place to live—it is not a choice but the result of underlying issues.**

Each year, approximately 235,000 Canadians experience homelessness, and the number of people who are homeless and how long they remain that way continues to rise. Homelessness can affect anyone and takes many forms, some we cannot always easily see, which is why it is difficult to fully address this issue and support those who experience it. Factors that can push an individual or family to be homeless include poor physical or mental health, violence or abuse in the home, lack of employment or income, and a shortage of affordable housing.



### **Sustainable Development Goal 1**

End poverty in all its forms everywhere.

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Around 50,000 people make up the hidden homeless, meaning they temporarily stay with families or friends.

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More than 10 percent of Canadian families live below the low income cut-off, unable to meet their basic needs.

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For homeless youth, making an intervention within the first two years is critical to solving the issue.

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In Canada, most people experience homelessness for less than a month in comparison to people who are chronically homeless (homeless for a longer time).

## Discussion Questions

- 1 What are the different types of homelessness? Why are some types difficult to spot?
- 2 What steps can you take to help reduce homelessness in your city?
- 3 What circumstances could lead to someone becoming homeless? What factors could prevent someone from getting out of homelessness?

## Go Deeper

Check out more info and stats on the issue of homelessness at [WE.org/exploringissues](https://www.wefund.org/exploringissues).

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## Take Action

Help fight homelessness in your community by taking action with WE Volunteer Now.



## LOCAL ISSUE

# VIOLENCE

**Different types of violence can take on different forms and they all have a lasting impact, both physically and mentally.**

Violence continues to be a serious problem in Canada and can affect people from all walks of life. Violence can be family-related, gender or racial-based, gun-related or occur in the home, and sometimes may not even be reported. In 2017, there were 660 homicides in Canada—48 more than the previous year. A quarter of the homicides were gang-related while around 40 percent involved a firearm. But the government of Canada is helping to combat violence across the country, working toward a safer future for all.



### **Sustainable Development Goal 16**

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable and inclusive institutions at all levels.

In Canada, the Criminal Code and provincial and territorial child protection legislation are two ways that the government ensures that a child's rights to protection are upheld.

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Violence can have a lifelong impact, including physical injury, disability, depression and post-traumatic stress disorder.

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Children who witness or are victims of violence are at serious risk for long-term physical and mental health problems.

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To date, the government of Canada has invested over \$200 million in addressing gender-based violence.

## *Discussion Questions*

- 1** What are the different types of violence? How do they impact the way we live our lives?
- 2** How does violence affect a young person and an adult? How does violence affect a community?
- 3** What can and should the government do to help keep Canadians safe from each type of violence?

## **Go Deeper**

Check out more info and stats on the issue of violence at [WE.org/exploringissues](https://www.we.org/exploringissues).

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## **Take Action**

Contact your WE Schools Program Manager to learn more about how you can take action.



## LOCAL ISSUE

# MENTAL HEALTH

**Mental health is defined as “a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.”**

Mental illness can affect anyone and indirectly affect someone through a family member, friend or colleague. In any given year, one in five Canadians will experience a mental health problem or illness, but the stigma attached to it may prevent them from seeking help or treatment. One way to improve our well-being is to take care of our bodies by being physically active, getting enough sleep and eating well.

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Between 10 and 20 percent of Canadian youth are affected by a mental illness.

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In Canada, only one out of five children receives the mental health services they need.

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Seventy percent of mental health challenges have their onset in childhood or adolescent years.

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Anxiety disorders affect 5 percent of households.

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### **Sustainable Development Goal 16**

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable and inclusive institutions at all levels.

## Discussion Questions

- 1 How can we reduce the stigma surrounding mental health?
- 2 How do regular physical activity, healthy eating and sleeping right affect mental health?
- 3 Why do you think mental well-being is important in leading a healthy life?

## Go Deeper

Check out more info and stats on the issue of mental health at [WE.org/exploringissues](https://www.eri.org/exploringissues).

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## Need Help

To learn more, visit [erikalegacy.com/find-help](https://erikalegacy.com/find-help).

OUR FOUNDING PARTNER:



## LOCAL ISSUE

# NUTRITION

## Healthy eating is part of an overall healthy lifestyle.

Developing healthy eating habits is important for keeping your mind and body in good health. Nutritious foods can help keep your energy levels up throughout the day, and eating a healthy breakfast regularly can improve your memory, mood and concentration, and problem-solving skills. Avoid eating too many highly processed foods like chips and frozen pizzas. These foods are altered from their original source with added ingredients like salt and sugar, and often have important nutrients, such as vitamins, removed in the process. From drinking lots of water, which helps improve cognitive function, to implementing more fruits and veggies into your meals, start building healthy eating habits today so that you can lead a healthier future.



### Sustainable Development Goal 3

Ensure healthy lives and promote well-being for all at all ages.

Vitamin C is needed for immune function, bone structure, iron absorption and healthy skin, and can be found in broccoli, spinach, tomatoes and other vegetables.

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There are about 10 to 12 teaspoons of sugar in a 355 ml can of pop—that's approximately 150 to 180 empty calories.

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Eating a raw, unpeeled apple will give you 10 times more fibre than drinking a cup of apple juice.

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Our muscles need good fats for energy, which can be found in nuts, avocados and olive oil.

## Discussion Questions

- 1 How can healthy eating help you excel in school?
- 2 How does healthy eating contribute to a healthy life? How does eating excessive amounts of unhealthy foods contribute to your health?
- 3 What lifestyle changes can people make to lead a healthier, more nutrient-filled life?

## Go Deeper

Check out more info and stats on nutrition at [WE.org/exploringissues](https://www.we.org/exploringissues).

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## Take Action

Spread awareness about the benefits of healthy eating by taking action with WE Eat Well.

